

Polish culture



Cuisine

1. **Pierogi** - They are a kind of dumplings. Often stuffed with meat, cheese or cabbage.
2. **Bigos** - It's a mix of cabbage and sausages. It's often served in a loaf of bread.
3. **Flaki** - This is a soup of mixed cow's insides. It's believed that it's a hangover remedy.
4. **Gołąbki** - It's a cabbage roll filled with boiled rice and meat. Often served with tomato sauce.



Music

A good example of the most famous Polish composers are Fryderyk Chopin and Witold Lutosławski. Regionalized folk musicians create a lively and diverse music scene, which even recognizes its own music genres, such as *poezja śpiewana*. Today in Poland you can find trance, techno, House music popular and even more popular heavy metal.

Art



The Polish art was always based on European art but it maintained its originality. Jan Matejko (a famous painter) produced monumental portrayals of Polish nobles and significant events in Polish history. The art was divided into lots of different art styles: cubism, impressionism, symbolism and expressionism etc.

Literature

The most distinguished Polish authors are:

- Jan Kochanowski
- Jan Długosz
- Adam Mickiewicz
- Juliusz Słowacki
- Mikołaj Rej



Architecture

Polish cities and towns reflect the whole spectrum of European styles.



*Thank you for
your attention*

Made by:
Paulina, Wiktor, Grzegorz, Filip